

JANUARY 2022

NAME:
DISTRICT:
TOTAL STEPS:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	JANUARY 1

NOTES:

2 ways to win

1. Track your daily physical activity and send it in to be entered into a draw
2. Record your daily number of steps for the month of January and send in your total

Submission deadline - February 7th, 2022